Diagnostic Checklist for Movement Issues

Muscle Rigidity, One-Sided Weakness

CORTICOBASAL SYNDROME (CBS) / CORTICOBASAL DEGENERATION (CBD)

FOR YOU: Changes in Movement, Communication and Behavior

Check off each box next to the symptoms that you have experienced. Bring this form to your next appointment with a health care provider or ask if they would like to review it ahead of your visit. This form is not a substitute for a diagnosis by a medical professional.

BALANCE AND STABILITY ISSUES:

- [ ] Fall often without a clear reason
- [ ] Often loses balance

MOVEMENT DIFFICULTIES:

- [ ] Abnormal eye movements
- [ ] Stiffness or resistance when trying to move
- [ ] Walks with an unsteady or awkward step
- [ ] Difficulty with simple tasks like using utensils, opening doors, or buttoning clothes
- [ ] Occasional freezing when moving
- [ ] Involuntary hand and arm movements
- [ ] Poor coordination
- [ ] Involuntary muscular contractions that cause arms or legs to twist or move
- [ ] Uncontrolled clenching of hands and feet
- [ ] Abnormal posture (head constantly tilted/looking up/down, leaning to one side, dragging leg/limping)
- [ ] Feeling like arm or leg is not attached to body

BEHAVIORAL/COGNITIVE CHANGES:

- [ ] Lack of interest or motivation, even for favorite people or activities
- [ ] Saying or doing things that are socially inappropriate or impulsive
- [ ] Trouble focusing, solving problems, and/or remembering things
- [ ] Challenges with spatial orientation (trouble judging distances, how fast someone is walking, knocking into furniture)
- [ ] Unaware of symptoms or changes that are occurring

COMMUNICATION CHANGES:

- [ ] Slow or halting speech
- [ ] Hard to say words clearly or consistently, even when knowing what to say
- [ ] Often forget or mix up words when speaking (e.g. confusing yes/no responses), difficulty understanding long or complex sentences

If you're still uncertain, or want to learn more about CBS, scan the QR code with your smartphone or visit **theaftd.org/what-is-ftd/corticobasal-syndrome**

#AskAboutFTD

Diagnostic Checklist

CORTICOBASAL SYNDROME (CBS) / CORTICOBASAL DEGENERATION (CBD)

For Your Healthcare Provider – Diagnosing CBS/CBD

- The following chart contains diagnostic criteria developed by the 1st International CBD Investigators Meeting[1(pp497-503)]
- Referral to a neurologist specializing in movement disorders is recommended for differential diagnosis
- ICD-10 = G31.85 for Corticobasal degeneration

1. **Neurodegenerative Disease** – For CBS/CBD, the person affected must show progressive deterioration

2. **Clinical Phenotypes Associated with Corticobasal Degeneration Pathology** – Refer to this section when reviewing permitted phenotypes in table 2

☐ **Probable corticobasal syndrome**

Asymmetric presentation of two following symptoms:
- ☐ Limb rigidity or akinesia
- ☐ Limb dystonia
- ☐ Limb myoclonus

As well as two of following symptoms:
- ☐ Orobuccal or limb apraxia
- ☐ Cortical sensory deficit
- ☐ Alien limb phenomena (more than simple levitation)

☐ **Possible corticobasal syndrome**

May be symmetric – one of following symptoms:
- ☐ Limb rigidity or akinesia
- ☐ Limb dystonia
- ☐ Limb myoclonus

As well as one of following symptoms:
- ☐ Orobuccal or limb apraxia
- ☐ Cortical sensory deficit
- ☐ Alien limb phenomena (more than simple levitation)

☐ **Frontal behavioral-spatial syndrome**

Two of the following symptoms:
- ☐ Executive dysfunction
- ☐ Behavioral or personality changes
- ☐ Visuospatial deficits

☐ **Nonfluent/agrammatic variant of primary progressive aphasia**

Effortful, agrammatic speech, plus at least one of the following symptoms:
- ☐ Impaired grammar/sentence comprehension with relatively preserved single-word comprehension
- ☐ Groping, distorted speech production/apraxia of speech

☐ **Frontal behavioral-spatial syndrome**

Three of the following symptoms:
- ☐ Axial or symmetric limb rigidity or akinesia
- ☐ Postural instability or falls
- ☐ Urinary incontinence
- ☐ Behavioral changes
- ☐ Supranuclear vertical gaze palsy
- ☐ Decreased velocity of vertical saccades

3. **Diagnostic Criteria for Corticobasal Degeneration**

	Clinical criteria for possible CBD
Presentation	Insidious onset and gradual progression
Minimum duration of symptoms (years)	1
Age at onset	No minimum
Family history (≥2 relatives)	Permitted
Permitted phenotypes	1. Possible CBS 2. FBS or NAV 3. PSPS plus at least one CBS feature (b-f)
Permitted phenotypes	Permitted

1. Armstrong MJ, Litvan I, Lang AE, et al. Criteria for the diagnosis of corticobasal degeneration. *Neurology*. 2013;80(5):496-503. doi:10.1212/WNL.0b013e31827f0fd1

For more diagnostic guidance, scan the QR code with your smartphone or visit **theaftd.org/for-health-professionals/diagnosing-ftd**

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